



Bracknell and Ascot Clinical Commissioning Group

What are Clinical Commissioning Groups?

Clinical Commissioning Groups (CCGs) are new NHS organisations responsible for commissioning health services for their local population. Commissioning is complex in the NHS, it means buying health services for the local population by researching and understanding the health needs of the population, finding out what services could help to meet those needs, buying health services and monitoring how they are being delivered.

How are CCGs different from PCTs?

The biggest difference between the old Primary Care Trusts (PCTs) and the new CCGs is that CCGs are being led by clinicians, mainly GPs. This is important because GPs are the first point of contact with the NHS for most people and are the clinicians who know most about their patients' health and wellbeing needs. Approximately 80% of NHS contacts are with GPs. When decisions are being made about how the budget should be spent or which services should be developed or changed, it will be GPs and other clinicians leading the way. A key priority for local GPs is to have a greater focus on the quality of services. It is also expected that CCGs will be more accountable to the public.

Bracknell and Ascot CCG has been provided with a budget that reflects the health needs of this area. As with all public services, we need to make our money work well for us. We will make sure we make the best use of the money available and that local people have access to good quality services that they need.

What will this mean for Bracknell and Ascot?

Most patients are unlikely to see any changes immediately and will continue to be cared for by their GP in the same way as they are now. However, as we have been preparing for taking on this responsibility, the GP practices across the CCG have already begun to think about how health services could be improved for patients and how the money could be made to work harder. See overleaf for more information about our plans.

Key facts about Bracknell and Ascot CCG:

- Population covered:
- CCG Chair: Dr William Tong
- 15 GP practices (see overleaf)
- 135,000
- 2,595 children living in poverty
- 12,943 (12.4%) patients are registered as having depression (higher than the national average of 11.2%).
- Heart disease is the main cause of premature death.

Our Vision:

“To commission local outcome based, cost effective services, for the health benefit of our local population now and in the future”

Plans for 2013/14

The GP practices in Bracknell and Ascot have been considering what should be the priorities for the CCG for the coming year. They have been looking at the evidence about the health needs of the population and the priorities agreed with partners in the Joint Health and Wellbeing Strategies (JHWS). A number of priorities have been identified:

- Improving people's experience of the services they receive - We have a target to improve satisfaction with GP services locally and also increasing the number of people who feel supported to manage their condition with the help of local services
- Long term conditions – This includes diabetes, heart disease, mental health problems and cancer. There is a lot that people can do to manage their own condition effectively with the right support. The CCG want make more advice and care available locally and supporting people to care for themselves so they have more control over their own care, and only have to go to hospital when necessary.
- Heart disease, diabetes and stroke-lifestyle choices such as smoking, unhealthy eating and lack of exercise all increase the risks of developing these health problems. This is another priority in the JHWS which we will be working with partners, including schools, children's centres, the voluntary sector and social care to help people make healthy lifestyle choices
- Improving mental health – there are opportunities to improve people's mental health and wellbeing locally. We will be investing more in improving access to psychological therapies (IAPT). And as this is a priority area in the JHWS we will be working with our partners to look at other areas for improvement including post-natal depression, and children and young people. We have a target and earlier diagnosis of dementia and plans for more support available for people with dementia and their carers.

Member GP practices of Bracknell and Ascot CCG:

- Green Meadows, Ascot
- Kings Corner, Sunninghill
- Magnolia House, Sunningdale
- Balfour & Forest End, Bracknell
- Binfield
- Boundary House, Bracknell
- Crown Wood, Bracknell
- Easthampstead, Bracknell
- Evergreen, Bracknell
- Gainsborough, Bracknell
- Great Hollands, Bracknell
- Heath Hill, Crowthorne
- Ringmead, Bracknell
- Sandhurst
- Waterfield, Bracknell

How to keep in touch

The Governing Body of Bracknell and Ascot CCG will meet in public every two months. The dates and venues will be published on the CCG website and will be advertised in the local newspapers.

Bracknell and Ascot CCG want to offer more opportunities for members of the public to share their views and to help make decisions for the future. We all have a responsibility to ensure our health services are used appropriately and that money is not wasted. If you would like more information about how to get involved please contact:

enquiries@BACcg.nhs.uk or visit our website at www.bracknellandascotCCG.nhs.uk