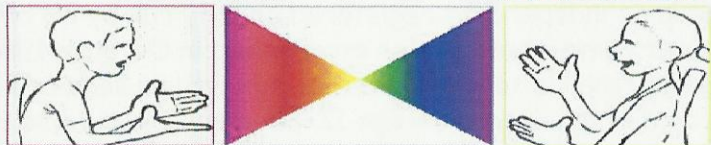


YOUTHline



information, advice & counselling

Our Mission

To give you a safe space
with someone who really listens
in confidence

To provide a safe and secure environment where

😊 Growth

😊 Motivation

😊 Challenge

😊 Respect

😊 Security

😊 Vision

😊 Encouragement

Can be provided

Call us first!
01344 311200

Free

Counselling

Free

For

YOU

12-25 years

A Free & Confidential Service

*At The Lodge
Coopers Hill, Bagshot Road
Bracknell, Berkshire
RG12 7QS (near Bracknell train station)*

Please call us

01344 311200

*Text us on
07963 779003*

or

07963 779007

(for drug and anti-bullying advice)

*Email: info@youthlineuk.com
www.youthlineuk.com*

The Way We Work

- Our counsellors are here to listen to you in confidence. Whatever problems are shared at Youthline remain at Youthline.
- The counselling process is "client centred" which means that our counsellors encourage you to address your difficulties which allows you to see your own way forward.
- We invite you to call us to make an appointment and you will be seen as soon as possible.

What We Can Help You With

Problems at school (bullying, stress, anxiety behaviour), depression, feeling sad, relationships, friendships, loss, abuse, substance abuse, low self esteem, family and any other subject concerning you.

About Our Service

Our service is free and provides a valuable and safe space for you to share your anxiety issues and concerns in a warm and friendly environment.

Contact us for an appointment

Please contact Youthline on 01344-311200 for an appointment or leave a message and we will contact you.

Text Us

All texts will be replied to as soon as possible and you are welcome to text us on either

07963 779003

or

07963 779007

For drug and anti bullying advice

About Us

Youthline is an independent registered charity run by its own Management Committee. It was established in October 1988 and has worked primarily to provide a free counselling service for young people in the area from age 12-25 years and we also offer a counselling service for 8-11 years.

About our counsellors

All our counsellors are volunteers who have undertaken comprehensive training through various reputable training institutions.

All our counsellors are CRB checked before working with clients. We also provided support to our counsellors with supervision and further professional training and development.

Our aim is to provide you with:

- a one-to-one confidential counselling service
- a safe place to share your concerns and help you see a way forward
- information about specific areas of interest to young people including bullying, drug awareness, self-esteem and family relationships
- to promote awareness and understanding of the value of the counselling process.



Youthline