

The death of someone important in the family can be devastating. For children it can be confusing and hard to understand.

Adults sometimes find it difficult:

- *To explain death to children*
- *To help children express their grief*
- *To know how to express their own feelings in front of the children*
- *To understand and manage their children's behaviour after someone has died*

Children sometimes:

- *Feel unable to show their feelings in case they upset mum or dad*
- *Harbour secret worries about why someone has died*
- *Feel isolated and unable to talk to family and friends*



How to contact us.

Families or professionals can contact us directly by:

- Telephone: **0118 934 2604**
- E-mail: info@daisysdream.org.uk
- www.daisysdream.org.uk

The service Daisy's Dream provides is delivered by professionally qualified family workers.

Daisy's Dream offers a free service to children and their families and is totally dependant on fundraising and donations to deliver this.



PO Box 4738
Twyford, Reading
RG10 9GT

Daisy's Dream is a registered charity no. 1067739

Support for children and their families facing and following bereavement



- **Family support**
- **Group Events**
- **Information and advice for families and professionals**

Daisys Dream is a free professional service supporting bereaved children and their families in Berkshire and the surrounding areas.

Daisy's Dream provides support for:

- Children and young people up to 19 years of age
- Their parents and carers

We support families bereaved through a variety of circumstances including:

- Illness
- Accident
- Suicide
- Murder

We also help families facing bereavement.

Support for Professionals

Information, advice and support are available for professionals whose work brings them into contact with children and families both facing and following bereavement.



Children may be affected by bereavement in a variety of ways including their home life, school life and friendships.

- Children's understanding of death will vary according to their age and stage of development.
- Children may have a range of feelings including sadness, anger, confusion, loneliness.
- Children may have to adapt to a variety of changes in their circumstances.
- Children may find it difficult to talk to other family members who are also grieving.

It's not fair, why did my mum get cancer?

Are you going to die too?

Ever since dad died, mum has been tired and cries a lot.

When I try to talk about mum, dad gets upset

Parents or carers may need reassurance about their child's behaviour or need advice about specific concerns...

- Should my child go to the funeral?
- My child is very angry - what can I do?
- How do I explain to my child what is happening?
- My child won't talk about what has happened - what do I do?
- My child won't go to school.
- My child is worried they will catch cancer.
- Is it OK to cry in front of my child?
- My toddler keeps asking when mummy is coming home.
- It's so difficult trying to deal with my own grief and support my children.
- How do I tell my child someone close to them is dying?

