

Healthy Heart AGENDA



Hosted by: Ringmead Medical Practice & Patient Participation Group (PPG)

Saturday 11th October 2014

13:30 - 17:30

Easthampstead Baptist Church, South Hill Road, Bracknell RG12 7NS

13:30	Arrival / Registration / Visit Stands	
14:00	Introduction & Welcome	Dave Gumm - PPG Chair
14:10	Cardiovascular Disease Prevention	Dr George Kassianos - Ringmead Medical Practice Fellow of the Royal College of General Practitioners, Fellow of the British Hypertension Society, Fellow of the European Society of Cardiology
14:20	ACTIVATE – local scheme	Michelle Donovan - Bracknell Leisure Centre Activate Health Scheme Co-ordinator
14:25	Angina – Coronary Heart Disease	Dr Nicos Spyrou RBH - Royal Berkshire Hospital Senior Consultant Cardiologist
14:40	ECG, 24-hour ECG Treadmill (exercise) ECG	Suzanne Jordan - Wexham & Heatherwood Hospitals Cardiology Manager
14:45	Myocardial Infarction – Heart Attack Coronary angiography, stents & angioplasty	Dr Nicos Spyrou
15:00	Raised Cholesterol and it's Management	Dr George Kassianos
15:15	Refreshments Break/Visit Stands	
15:30	Heart Failure Cardiac Echocardiogram	Dr Dinos Missouri - Wexham & Heatherwood Hospitals Senior Consultant Cardiologist
15:45	Irregular Heart Beat Atrial fibrillation - Warfarin Pacemakers & Defibrillators (demonstration)	Dr Mark Norman - Frimley Park Hospital Consultant Cardiac Electrophysiologist
16:00	Stroke	Dr Ottilia Speirs - Frimley Park Hospital Consultant Stroke Physician
16:15	Hypertension – raised Blood Pressure Home blood pressure monitoring 24hr blood pressure	Dr George Kassianos Nurse Kerry Gunn - Ringmead Medical Practice
16:30	Break	
16:40	Peripheral Arterial Disease – leg circulation	Mr Marcus Cleanthis - Frimley Park Hospital Consultant Vascular Surgeon
16:50	Leg Doppler	Nurse Kerry Gunn
16:55	NHS Health Checks	Claire D'Cruz - Bracknell Forest Council Public Health Programme Manager
17:00	Questions & Answers	Guest Panel
17:30	Close	

Please note

Seating restrictions apply. Please email ringmeadhealthevents@nhs.net to register and include the number of persons attending.