FRIMLEY PARK HOSPITAL

Structure of Routine Antenatal Care for Healthy Pregnant Women

| Gestation Weeks | Venue | Reason |
|---|---|---|
| 8-10 (ALL) | Midwife | Booking in the community.  Ideally the woman will have received the National Screening leaflet prior to this appointment. Booking bloods with Family Origin Questionnaire (FOQ) to be completed.  Give information on parentcraft classes  and how to book. Give MRSA screening leaflet.  Advise women re flu vaccination.  Ensure women have scan appointment. |
| 12-14 (ALL) | Hosp USS dept | Dating ultrasound with bloods taken for combined screening. |
| 16 (ALL) | Midwife | Antenatal check with community midwife/GP/Consultant:<br><br>Review and discuss screening results including blood results and rhesus status.  Action if required.  If Rh negative discuss anti D and issue leaflet.  Order anti D if patient consents (multigravida) |
| 20-22 | Hosp | Anomaly ultrasound scan.  MRSA screening undertaken. |
| 25 (primips) | GP | Antenatal check to include symphysis-fundal height measurement which will now be measured at each antenatal check.  Order anti D if patient consents (primigravida).  Introduce breast feeding discussion refer to leaflet or issue DVD. |
| 28 weeks (ALL) | Midwife | Antenatal check with community midwife/GP/Consultant.  Take full blood count and group and antibodies.  Administer anti D if required.  Mat B1 to the woman if required. Breast feeding discussion. Check MRSA results and action if required. |
| 31 (primips) | GP | Antenatal check with community midwife/GP/Consultant: Check blood results and action. |
| 34 weeks (ALL) | Midwife | AN check with community midwife/GP/Consultant: Anti D if required.  Ensure that breast feeding discussion has taken place and documented. |
| 36 weeks (ALL) | Midwife | AN check with midwife/GP/Consultant.  Check fetal presentation. |
| 38 weeks (ALL) | GP | Discussion.  BP, urine, plot FHM, check position baby, check blood results |
| 40 weeks  (primips) + APEC mothers | Midwife | Discussion.  BP, urine, plot FHM, check position baby, Discuss stretch & sweeps |
| 41 weeks (ALL) | Midwife | Discussion.  Stretch and sweep, offer IOL for T10+. BP, urine, plot FHM, |