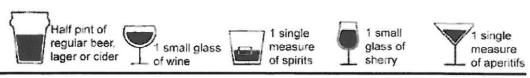
This form is to be completed by all newly registered patients aged 16 years and over

## This is one unit of alcohol...



## ...and each of these is more than one unit



## AUDIT - C

| Questions  | Scoring system |                         |                                |                               |                                | Your  |
|--|----------------|-------------------------|--------------------------------|-------------------------------|--------------------------------|-------|
|  | 0              | 1                       | 2                              | 3                             | 4                              | score |
| How often do you have a drink containing alcohol?  | Never          | Monthly<br>or less      | 2 - 4<br>times<br>per<br>month | 2 - 3<br>times<br>per<br>week | 4+<br>times<br>per<br>week     |       |
| How many units of alcohol do you drink on a typical day when you are drinking?                                 | 1 -2           | 3 - 4                   | 5 - 6                          | 7 - 9                         | 10+                            |       |
| How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year? | Never          | Less<br>than<br>monthly | Monthly                        | Weekly                        | Daily<br>or<br>almost<br>daily |       |

## Scoring:

A total of 5+ indicates increasing or higher risk drinking. An overall total score of 5 or above is AUDIT-C positive



| NAME:      | DOB:  | 1 | / |
|------------|-------|---|---|
| SIGNATURE: | DATE: | / | 1 |