



9 - 15 June



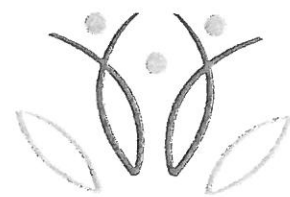
13,000 people in the Royal Borough of Windsor & Maidenhead are looking after someone who is ill or disabled

If you're one of them find out about services that can help.

The Royal Borough



Windsor & Maidenhead



berkshire carers  
service



Carers Week is an annual awareness campaign celebrating and recognising the contribution made by the UK's 6.5 million carers who look after someone who is ill, frail, affected by substance abuse, mental health issues or who is disabled

If you look after someone who can't manage without your help you are a carer. To find out about local support services come along to:

Sainsbury's Supermarket, Providence Place, Maidenhead on Saturday June 7 from 10am - 4pm

Learn about free courses for carers run by Workers' Educational Association at Boyn Grove Community Centre Library, 11 Courthouse Road, Maidenhead, SL6 6JE on Monday June 9 between 10am - 12 noon

Young Carers Boat launch on Tuesday June 10 in Hurley. Call Family Action RBWM Young Carers project on 01628 626991.

**Information available at:**

- Heatherwood Hospital, London Road, Ascot, SL5 8AA on Tuesday June 10 between 10am - 3pm
- Tesco Superstore, Dedworth Road, Windsor, SL4 4JT on Wednesday June 11 from 10am - 4pm
- Nicholson Shopping Centre, Maidenhead on Thursday June 12 from 8.30am - 6pm.

Sign up for a **basic first aid training course for carers** at Age Concern Windsor, Spencer Denney Centre, Windsor, SL4 4BB on Friday June 13 from 10am - 12 noon. To book a place, please call 0800 988 5462 or email [helpline@berkshirecarers.org](mailto:helpline@berkshirecarers.org).

**Sign-up for free training courses**

All carers are invited to sign up for free training courses being held at venues in the Royal Borough. Classes will include:

- Basic First Aid Training
- Manual Handling
- Arts & Crafts

To book a place, sign up for our quarterly newsletter or to speak to an advisor, please call 0800 988 5462 or email [helpline@berkshirecarers.org](mailto:helpline@berkshirecarers.org).

[www.berkshirecarers.org](http://www.berkshirecarers.org)